

Pathway to Success for you

8 SESSIONS × 75 MINS EACH



Think about where you are now, and where you would like to be. Pathway to Success helps you remove the roadblocks you keep meeting, over and over again.

The Map

1

Where you stand. The roadblock, what has been tried, and the resolve it is blocking.

Unlocks · Gratitude as the first habit, a short list of what shifts your state, and one sentence to keep.

Awareness

2

Seeing the pattern you actually run, before trying to fix any of it.

Unlocks · The thing in your way, named in your words rather than borrowed ones.

Permission

3

Feeling what sits under the pattern instead of managing it. The guilt, and the grief.

Unlocks · Permission to feel it, which is what stops it running you from underneath.

Regulation

4

Pressure meets practice. What you reach for when the feeling gets loud.

Unlocks · Catching yourself in it, and reaching for a tool instead of the old default.

Decision

5

Two choices sit inside every roadblock. The right one arrives after the breath.

Unlocks · Outcomes that land as a lesson rather than a verdict.

Influence

6

Leading by living it, and letting back in the people you stopped letting close.

Unlocks · Help you can actually accept, and people close enough to give it.

Excellence

7

Removing what has been in the way of what is already yours. Money and worth included.

Unlocks · Planting the seeds, and trusting the harvest instead of gripping it.

The Vow

8

One intention your mind and your body both sign, and the plan for the week it slips.

Unlocks · Something that is still true on a bad Thursday.



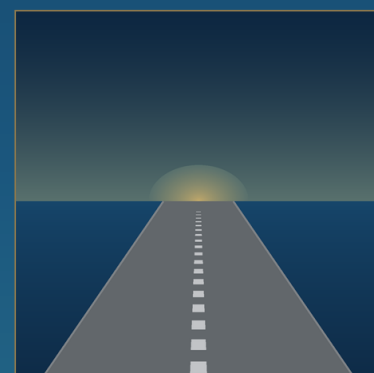
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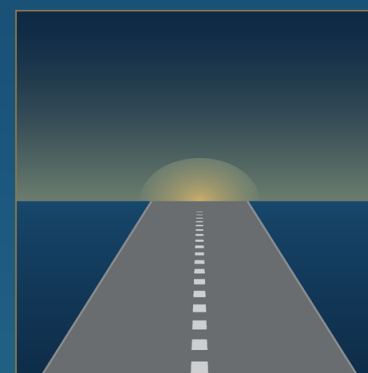
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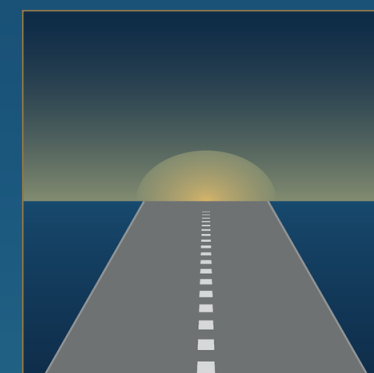
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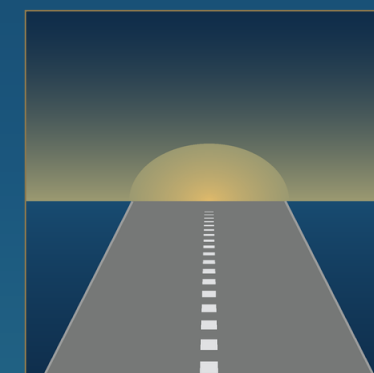
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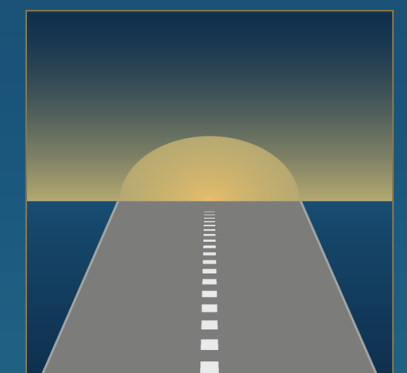
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6



7



8

WHERE YOU ARE

SUCCESS

Be the most regulated person in the room. And live an abundant life.

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